

# **IB Learner Profile Task Thursday – Identify the Traits!**

## **Read to students:**

**What IB Learner Profile do you feel you identify most with when it comes to your personal values and morals??**

**What would be some IB Learner Profile traits you feel that are most important for you to pose in order to be successful in life?**

**In this short video you will hear from a man named, Joachim de Posada. He shares a landmark experiment on delayed gratification -- and how it can predict future success. With this priceless video of kids trying their hardest not to eat the marshmallow, think about the Learner Profile traits you believed they possessed in order to not eat the marshmallow.**

## **Activity: Identify with the Trait!**

- Show the video AFTER you have “read to the students” the questions above
- Have students discuss Learner Profile traits of the kids with their reactions after having seen the video
- Have students reflect in their journals these traits and compare the traits they discussed earlier about what they feel is most important for them to possess in order to be successful

Here is the direct link to the video :

[https://www.ted.com/talks/joachim\\_de\\_posada\\_says\\_don\\_t\\_eat\\_the\\_marshmallow\\_yet](https://www.ted.com/talks/joachim_de_posada_says_don_t_eat_the_marshmallow_yet)

